

Volunteers Thank you to all our volunteers! We couldn't do it without you!

Jackie Betcher
Courtney Bonnin
Jim Borgschatz
Doug DeRoos

Dan Dieterman
Evan Huettl
Daniel Sikkink
Brittany Wallerich

Donors Your generous gifts are greatly appreciated. Thanks to the following for their donation.

Ardent Mills

Frontenac Sportman's Club

Mission Statement

The Lake City Environmental Learning Program is dedicated to providing a safe, nonrestrictive environment for young people to learn and grow through experience in nature. We are committed to fostering in youth a sense of responsibility toward the environment and community, a genuine appreciation for the natural world and an awareness of their own unique abilities and contributions.

Make a Contribution!

Lake City ELP is financially supported through generous contributions of businesses and individuals allowing ELP to introduce area youth to nature experiences at modest fees. Financial contributions are needed to assist in funding a trained summer instructor, guest instructors, insurance premiums, transportation costs, supplies, equipment, etc...

Make checks payable to:
Lake City ELP
PO Box 13 / Lake City, MN 55041

-  Like us on Facebook
facebook.com/LakeCityELP
-  Follow us on Twitter
@LakeCityELP



The Lake City ELP is governed by the following dedicated board of directors:

- Michael Ackermann
- Sigurd Anderson
- Jim Borgschatz
- Doug DeRoos
- Dan Dieterman
- Laura Fitterer
- Joanne Klees
- Jason Kozlowski
- Alisha Likness
- Kelsey Martin
- Sharon O'Reilly
- Tina Waller
- Jennifer White

Serving area youth since 1995!

Special Notes

Send registration forms & payment to:
Lake City ELP
PO Box 13
Lake City, MN 55041

All programs meet at Hok-Si-La Park located on the north side of Lake City on Hwy 61, unless otherwise specified.

NEED FINANCIAL ASSISTANCE?
Scholarships are available!
Call Jennifer at 651-345-4829.

Students must call the program instructor if they are unable to attend a class. Most classes are limited to 8 kids and we do have a waiting list for several classes.

ELP email: lakecityelp@gmail.com

Feel free to contact any board member or instructor with new program ideas, questions or comments.

Please leave electronics at home. The instructor/leader will have a cell phone if needed.

Connecting Kids with Nature SUMMER 2019 

REGISTRATION NOW OPEN ONLINE

When registering, **use the grade that you will be entering the fall of 2019.** When multiple sessions are available, students will only be allowed to participate in one session. If multiple sessions are indicated, we will consider the first session listed as priority.

www.lakecityelp.weebly.com

(1st-3rd grade) use grade entering the fall of 2019
Young Explorers



 **Backyard Birds**  **\$5**
Session 1 (Erin Aadalen) 6/22 • 10-11:30am
Session 2 (Erin Aadalen) 6/22 • Noon-1:30pm

• Bring water

Have you ever wondered what kind of birds live in your backyard? Let's explore what it is like to be a bird so that we can understand their unique habits and be able to identify our common backyard neighbors by sight and call.

 **BEACH COMBING**  **6/5 • 8-9am • \$5**
 • Bring water • led by Courtney Bonnin

Treasure Hunting along the shoreline! What are you going to find?!

 **BUG HUNT**  **\$5**
Session 1 (Jackie Betcher) 6/22 • 10-11:30am
Session 2 (Jackie Betcher) 6/22 • Noon-1:30pm

• Bring water, snack, bug collecting equipment

Do you love collecting bugs? Do you like to make them pets? Then this class is for you! We will collect bugs and then use magnifying glasses and an insect guide to further learn about and enjoy these crawling critters! Our world would be quite different without them!

 **EXPLORATION & NATURE TREASURE HUNT**  **\$5**
 6/10 • 11am-12:30pm


• Bring water & snack • led by Jackie Betcher

For our young explorers ready for an adventure! Go on a nature scavenger hunt and search for treasures in the great outdoors!

 **Leaves of Fun**  **\$5**
Session 1 (Reagan O'Connor) 7/12 • 10-11:30am
Session 2 (Reagan O'Connor) 7/12 • Noon-1:30pm

• Bring water

Become a tree expert as you learn about each tree's unique traits and make leaf rubbings for your future reference!

 denotes that additional sessions will be offered, same day as original, but different time, if participant numbers require.

www.lakecityelp.weebly.com

REGISTRATION NOW OPEN ONLINE

Register NOW!
Class numbers are limited

Environmental Learning Program
P.O. Box 13
Lake City, MN 55041



ELP 2019 Summer calendar

May

29	30	JUNIOR INSTRUCTORS MEETING 6:30pm	31	1		
2	3	4	5	6	7	8
		CASTING & FISHING 9am-2pm	BEACH COMBING 8-9am 9-11am BIKING/NATURE TRAIL 9am-3pm	BANK FISHING & CLEANING 9am-12:30pm	BARN BLUFF 9am-Noon Archery Basics Noon-3pm	
9	10	11	12	13	14	15
	EXPLORATION & NATURE TREASURE HUNT 11am-12:30pm 1-4pm		SORIN'S BLUFF 9am-Noon Golf's Environmentally Good Story 1-4:30pm			
16	17	18	19	20	21	22
		BUG HUNT 10-11:30am Noon-1:30pm	CLIMBING & QUARRY HILL 9am-4pm	NIGHT HIKE 7-10pm	SAND CASTLE BUILDING 9am-Noon	Backward Birds 10-11:30am
23	24	25	26	27	28	29
			NATURE MYSTERY ADVENTURE 9am-2:30pm			

30	1	2	3	4	5	6
		MYSTERY CAVE 9am-5pm	NIGHT HIKE 7-10pm			

7	8	9	10	11	12	13
				BIKING & TUBING 9am-4pm OUTDOOR COOKING & FIRE BUILDING 10am-2pm	Leaves of Fun 10am-11:30pm Noon-1:30pm	
14	15	16	17	18	19	20
21	22	23	24	25	26	27
			VEGGIES! 9am-Noon			

28	29	30	31	1	2	3
		BLOOMIN' PRAIRIE 12:30-3pm		DEER SCOUTING 6:30-9:30pm		

4	5	6	7	8	9	10
				TRAP SHOOTING 5-8:30pm		

11 END OF YEAR ELP APPRECIATION BANQUET
August 11th at 6pm

= Young Explorers (1st-3rd grade)



REGISTRATION FORM

ONLINE REGISTRATION NOW AVAILABLE!
Visit lakecityelp.weebly.com and click on REGISTER ONLINE NOW button

Student Name _____ Grade Entering in Fall 2019 _____
 Email _____ Phone # _____
 Address _____

Please enroll me in the following programs:

!!! SEND NO MONEY NOW !!!

ELP will contact you with the classes you were able to get into and notify you with the amount owed. Payment will be due prior to participation. Register online at lakecityelp.weebly.com or mail registration form to...

Lake City ELP
 P.O. Box 13
 Lake City, MN 55041

STUDENT MEDICAL INFORMATION AND RELEASE FORM

Guardian _____
 Address _____
 Daytime Phone # _____ Evening Phone # _____
 Family Physician _____ Hospital or Clinic _____

PARENT OR GUARDIAN MUST FILL OUT THE FOLLOWING HISTORY IN REFERENCE TO ABOVE STUDENT

Is he/she: Asthmatic? _____ Epileptic? _____ Seizures? _____
 Does he/she have allergies? _____ If yes, explain: _____
 Previous reactions to food, stings, medications? _____ If yes, explain: _____
 Date of most current Tetanus shot: _____
 Currently taking any meds? _____ If yes, explain: _____
 Is there any other information we should know about your child that would help us provide a better experience for him/her while participating in classes? _____
 Do you give the course instructor permission to administer first aid? _____ (required)
 Do you give the staff of an accredited hospital, medical center or clinic permission to administer emergency treatment for the above student in the event of an emergency? _____ (required)

*** If there are any other medical issues the instructor should be aware of, please list on a seperate sheet of paper.**

RELEASE

I understand the inherent risks involved with any of the Lake City ELP's activities and release the youth listed above to participate in the Lake City ELP programs. If I have questions or concerns, I will contact the instructor.

PHOTO RELEASE

I give permission to the Lake City ELP to take photos of the youth listed above during ELP activities. I understand that the photos will be used to promote the Lake City ELP in future registration programs and web related informational and promotional sites including social media like Facebook. I understand that no names will be used in these promotions. If I have questions, concerns, or to be omitted from any photos, I will contact an ELP instructor or board member.

PARENT OR GUARDIAN'S SIGNATURE _____ **DATE** _____

PROGRAM DETAILS

(3rd grade & up*) use grade entering the fall of 2019

*grade requirements vary by program

Archery Basics 6/7 • Noon-3pm • \$8

4th grade & up • Bring water, lunch, bow and arrows or will be provided • led by Courtney Bonnin

This is a great beginning program for archery enthusiasts. Recurve bows will be used for 4th & 5th grades. There will also be an emphasis on safety, proper use, care and fun!

BANK FISHING & CLEANING 6/6 • 9am-12:30pm • \$8

5th grade & up • Bring water, lunch, and fishing gear, or will be provided • led by Courtney Bonnin

Basic fishing skills will be taught as you and your friends learn to fish or sharpen your skills for pan fishing. We will then clean our catch. Who will catch the trophy fish? Locally famous fisherman Steve Sitta will assist.

BARN BLUFF 6/7 • 9am-Noon • \$8

4th grade & up • Bring water, lunch, hiking shoes • led by Jackie Betcher

Using a map and compass we will scout out Barn Bluff in Red Wing. We will search out ten or more treasures on this mount. Early French explorers were captivated with this "hill" they named Mount LaGrange (The Barn.)

BEACH COMBING 6/5 • 9-11am • \$8

4th grade & up • Bring water • led by Courtney Bonnin

Search for treasures along the shoreline of Lake Pepin. You'll be amazed at what has drifted downstream and settled on the beach at Hok-Si-La Park. Some call it "finders keepers" others call it "river booty."

BIKING & TUBING 7/11 • 9am-4pm • \$20

6th grade & up • Bring water & lunch • led by Tom Horner and Reagan O'Connor

This combination activity will include bike safety, basic maintenance and touring the great outdoors on the Cannon Valley Trail; then...tubing on the Cannon River. A day filled with fun and experiencing the environment while noticing and identifying flora & fauna along the way.

BIKING/NATURE TRAIL 6/5 • 9am-3pm • \$10

5th grade & up • Bring water, lunch, bike & helmet • led by Jackie Betcher

You'll be wheeling on scenic bike trails traveling along a river for plenty of natural sights. Learn bike maintenance skills and safety. Be sure your bike tires are full of air and you are ready to head out on trail.



denotes that additional sessions will be offered, same day as original, but different time, if participant numbers require.

BLOOMIN' PRAIRIE 7/30 • 12:30-3pm • \$8

4th grade & up • Bring water & snack • led by Reagan O'Connor

Beautiful plants in bloom with some setting seed habitat for birds, bees and butterflies. This is truly a natural setting. Are you ready for a journey and exploration of this peaceful location?

CASTING/FISHING 6/4 • 9am-2pm • \$10

5th grade & up • Bring water, lunch & fishing gear, or will be provided • led by Courtney Bonnin

Learn the skill of throwing (casting) your fishing lure on the water to a target no bigger than a basketball hoop 30 feet or more away. In the afternoon you will travel to a body of water to put your new skills to use and catch fish.

CLIMBING & QUARRY HILL 6/19 • 9am-4pm • \$25

5th grade & up • Bring water & lunch • led by Jackie Betcher

• Bring water & lunch

Climbers will experience this exhilarating activity at Prairie Walls in Rochester. Instructors will guide your vertical journey. After our fun climbing experience, we'll travel to Quarry Hill; Rochester's large nature park including wildlife native to Minnesota.

DEER SCOUTING 8/1 • 6:30-9:30pm • \$8

6th grade & up • Bring water & snack • led by Courtney Bonnin

Late summer is a great time to look for deer and deer signs; evidence they are in the area. Scouting for deer is fun and in the evening you are sure to observe some.

END OF YEAR

ELP APPRECIATION BANQUET

6pm at Hok-si-la • Sunday August 11th • FREE

Come celebrate the end of an awesome summer of learning and exploration. There will be food and a slideshow as we reminisce our adventures and thank the many people who dedicate the time and money to make this program extraordinary. Families and friends are welcome!

EXPLORATION & NATURE TREASURE HUNT 6/10 • 1-4pm • \$8

4th grade & up • Bring water, lunch, shoes that can get wet, dress for the weather. Wear layers! Cotton is rotten • led by Jackie Betcher

Explore Frontenac State Park while searching for natural treasures. You'll partner up and compete in a contest to see which team can find the most "treasures." Along the way we can check out the bluebird houses. Each participant will receive one of our cotton carry bags.

Golf's Environmentally Good Story

6/12 • 1-4:30pm • \$8

3rd grade & up • Bring water & snack • led by Jackie Betcher

Explore the Jewel Golf Course to take a 'behind the scenes' look at golf! We will explore turf management, soils, grasses, prairie, and wildlife that can be friendly or not so friendly to the course.

JUNIOR INSTRUCTORS

FREE

5/30 • 6:30pm

8th grade & up • Hok-si-la ELP building

For our veteran ELP enthusiasts looking to share their passion for the outdoors with others, you may be interested in this unique opportunity. Become a Junior Instructor and help out our adult instructors with a minimum of 5 classes over the course of the summer. If interested, mail or email your application form (found on ELP website), and plan to attend a mandatory information meeting on Thursday, May 30th at 6:30pm at the Hok-si-la ELP building.

MYSTERY CAVE

7/1 • 9am-5pm • \$25

5th grade & up • Bring water & lunch, more details to follow • led by Jackie Betcher

Ease into your caving experience with a guided tour of the largest caverns around. You will learn about stalactites and stalagmites and many other features of caves that lurk in the dark!

NATURE MYSTERY ADVENTURE

6/26 • 9am-2:30pm • \$10

4th grade & up • More information will follow • led by Jackie Betcher

You will travel to an undisclosed area in the outdoors and make a campfire lunch. Then move on to another location more discoveries will follow.

NIGHT HIKE

\$8

Session 1 (Courtney Bonnin) 6/20 • 7-10pm

Session 2 (Jackie Betcher) 7/2 • 7-10pm

5th grade & up • Bring water, a flashlight with new batteries & wear hiking clothes

Enjoy the mysteries of the night! Darkness may prohibit the strength of your eyes, but your ears become more sensitive to the sounds of the night! Learn to "navigate" in the absence of light.

OUTDOOR COOKING & FIRE BUILDING

7/11 • 10am-2pm • \$10

5th grade & up • More information will follow • led by Courtney Bonnin

We will go over the basics of firewood collection and fire building. Who can build the fastest and best campfire? Creating and cooking your noon meal will be fun as we learn some outdoor cooking skills.

SAND CASTLE BUILDING

6/21 • 9am-Noon • \$5

3rd grade & up • Bring water, lunch, tools for building & sunscreen • led by Reagan O'Connor

Lake Pepin beaches provide the perfect sand for constructing sand castles. You will have the chance to put together a masterpiece with your architectural design using tools from home and only non-living, natural materials found in the area (like shells) for decorating.

SORIN'S BLUFF (MEMORIAL PARK)

6/12 • 9am-Noon • \$8

4th grade & up • Bring water, lunch & hiking shoes • led by Jackie Betcher

With 268 acres to explore in this Red Wing park, possible sites include Cool Cave & Horseshoe Cave (an old limestone kiln). There are also great overlooks & majestic oak trees.

TRAP SHOOTING

8/7 • 5-8:30pm • \$25

Must have firearms safety certificate and must be at least 12 years old • Bring own gun • led by Doug DeRoos

Learn about a trap shooting event and enjoy the challenge of shooting at clay pigeons. Firearm safety will be reviewed and emphasized.

VEGGIES!

7/27 • 9am-12:30pm • \$8

4th grade & up • Bring water & snack • led by Reagan O'Connor

Gardening at its best! We'll travel to an organic garden farm where they raise lots & lots of vegetables. We can get our hands dirty as we experience harvesting & cleaning veggies in season.

LEADER DIRECTORY

Erin Aadalen.....	651-380-2263
Jackie Betcher.....	507-421-0455
Courtney Bonnin.....	651-380-4103
Doug DeRoos.....	651-764-1117
Reagan O'Connor.....	651-380-6387

ELP email: lakecityelp@gmail.com

All programs meet at **Hok-Si-La Park** located on the north side of Lake City on Hwy 61, unless otherwise specified.